

Oppression or Liberation God's Plan for Love and Life explored

Janet Smith

Website: <http://www.janetesmith.org/>

I can't recommend Dr Janet Smith's resources enough. Janet E. Smith holds the Father Michael J. McGivney Chair of Life Ethics at Sacred Heart Major Seminary in Detroit. She speaks nationally and internationally on the Catholic teachings on sexuality and on bioethics and has published numerous articles on sexuality and bioethics. She is serving a third term as a consultant to the Pontifical Council on the Family. She received an honorary doctorate in Christian Ethics from the Franciscan University of Steubenville, an honorary doctorate from Saint Charles Borromeo Seminary and the Veritas Award from the St. Thomas Aquinas Institute at Ave Maria University.

Books:

Author and Co-Author

Humanae Vitae: A Generation Later (Washington: Catholic University of America Press, 1991)

Life Issues, Medical Choices, Questions and Answers for Catholics with Christopher Kaczor (Servant, 2016).

Right to Privacy (Ignatius Press, 2008).

Audio CD

Contraception Why Not

Contraception cracking the Myths

Sexual Common Sense

Contraception cracking the myths by Janet E Smith and lots of other great speakers are available for order in Ireland – email or call Stephanie at lighthouseireland1@gmail.com phone number is 0861958812 or 00353(7491)492 04201.

This is a non-profit ministry so a great way to reach people is to buy multiple copies and hand out at your parish.

Contraceptive Pill

Info on the side effects of oral contraceptive pill can be found here:

<https://draxe.com/birth-control-pills/>

https://bodyecology.com/articles/dangers_birth_control_pill.php

Natural Family Planning Plus

NaProTECHNOLOGY — A Major Breakthrough In Monitoring and Maintaining a Woman's Reproductive and Gynecological Health

Napro technology is the best wholistic approach to NFP, infertility, miscarriage etc and is totally in keeping with the teachings of the church. There is a real need for more people to become trained up in this in Ireland!

<https://www.naprotechnology.com/>

Family life international – Dr Greg Clovis based in London have developed a user friendly app to track fertility. See website below. All in keeping with teachings of the church.

<http://www.flionline.org/>

Natural cycles app based on recording temperature method.

<https://www.naturalcycles.com>

General resources on Theology of the body & chastity

<https://chastityproject.com/>

Christopher West – Theology of the body

<http://www.christopherwest.com/>